Effective Communication: Working With People

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With Hannah Wood

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What are we covering?

What IS Communication?

Rules

Collaborate

Professional Communication

Manage Conflict

Crucial Conversations

Recap

What does Wikipedia say?

- I atin for "to share"
- Convey messages from one to another
- Use "mutually understood" language
- Signs, symbols, shared meaning



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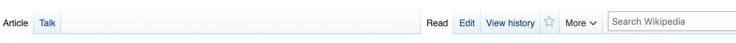
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Photograph your local culture Wikipedia and win!

Talk Sandbox Preferences Beta Watchlist Contribu

Communication

From Wikipedia, the free encyclopedia

Communication (from Latin *communicare*, meaning "to share")^[1] is the act of conveying meanings from one entity or group to another through the use of mutually understood signs, symbols, and semiotic rules.

The main steps inherent to all communication are:[2]

- 1. The formation of communicative motivation or reason.
- 2. Message composition (further internal or technical elaboration on what exactly to express).
- 3. Message encoding (for example, into digital data, written text, speech, pictures, gestures and so on).
- 4. Transmission of the encoded message as a sequence of signals using a specific channel or medium
- 5. Noise sources such as natural forces and in some cases human activity (both intentional and accidental) begin influencing the quality of signals propagating from the sender to one or more receivers.
- 6. Reception of signals and reassembling of the encoded message from a sequence of received signals.
- 7. Decoding of the reassembled encoded message.
- 8. Interpretation and making sense of the presumed original message.

The scientific study of communication can be divided into:

- Information theory which studies the quantification, storage, and communication of information in general;
- Communication studies which concerns human communication;
- · Biosemiotics which examines communication in and between living organisms in general.

The channel of communication can be visual, auditory, tactile/haptic (e.g. Braille or other physical means), olfactory, electromagnetic, or biochemical.

Human communication is unique for its extensive use of abstract language. Development of civilization has been closely linked with progress in telecommunication.

Contents [hide]

- 1 Non-verbal communication
- 2 Verbal communication
- 3 Written communication and its historical development
- 4 Business
- 5 Political
- 6 Family

Communication

Portal · History

General aspects

Communication theory Information Semiotics Language Logic Sociology

Fields Discourse analysis

Linguistics
Mass communication
Organizational communicat

Pragmatics Semiotics Sociolinguistics

Disciplines

Public speaking Interaction Discourse

Culture Argumentation

> Persuasion Research Rhetoric

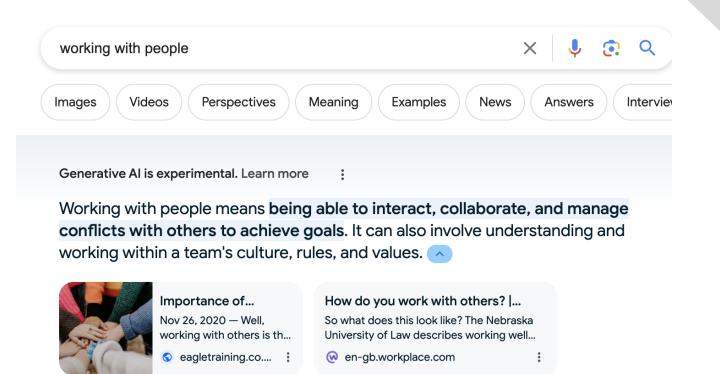
Literature

Philosophy

Categories Outline

Communication is...

- Shared information
- Shared understanding
- Shared responsibility



Here are some tips for working well with others:

- Be a good communicator: Healthy communication skills are important for professional development.
- Be a problem-solver: Research shows that collaborative problem-solving leads to better outcomes.
- Know your role: Know your limits and take initiative.
- Stick to deadlines: Support and be supported.
- Share information: Empathy is the ability to put yourself in someone else's shoes
 and to feel what they might be feeling in a given situation. You can practice
 empathy by devoting time to thinking about someone you care about each day.
- Know your strengths: Interpersonal intelligence refers to the ability of a person to relate well with people and manage relationships.

 interact, collaborate, and manage conflicts with others

Achieving Goals

 understanding and working within a team's culture, rules, and values

Break it down...

Rules Listening

Collaborate

Professional Communication

Manage Conflict

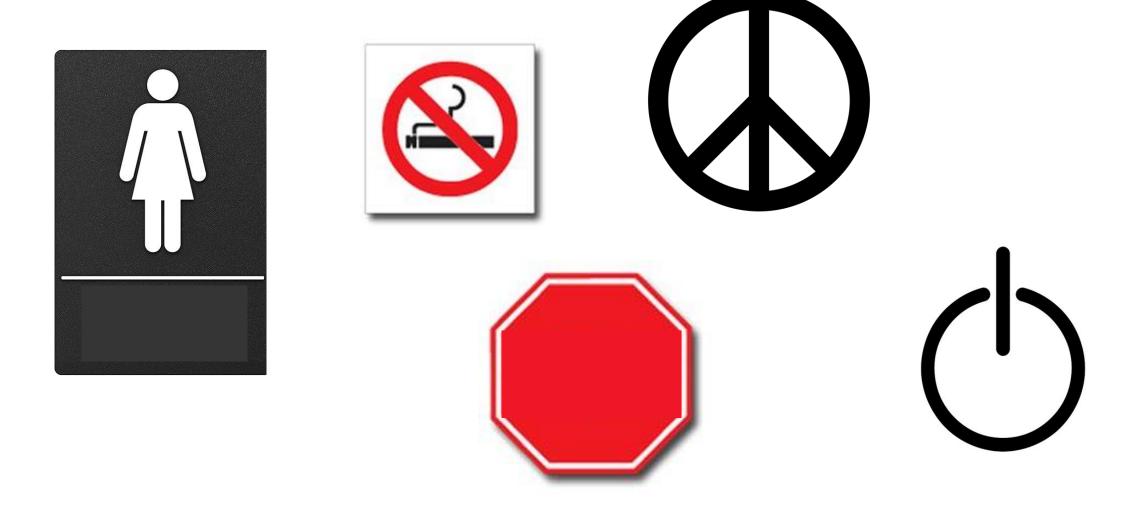
Crucial Conversations

Interact

Shared meaning

- Signs and Symbols
- Rules and Culture

Signs and Symbols



Signs and Symbols













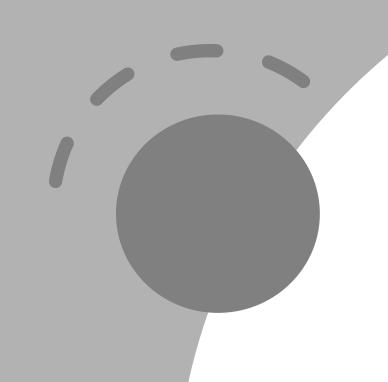
Sometimes, they do make our job easier



Abbreviations

JK LOL What do **BRB** YOU **WFH** use? CJ

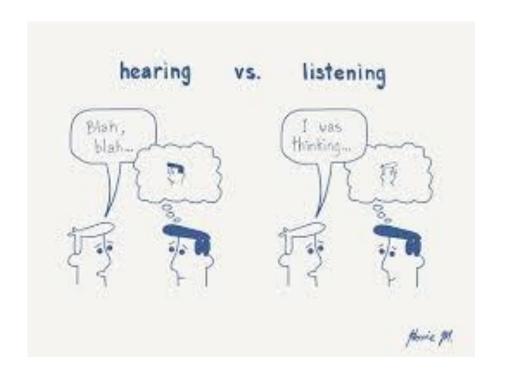
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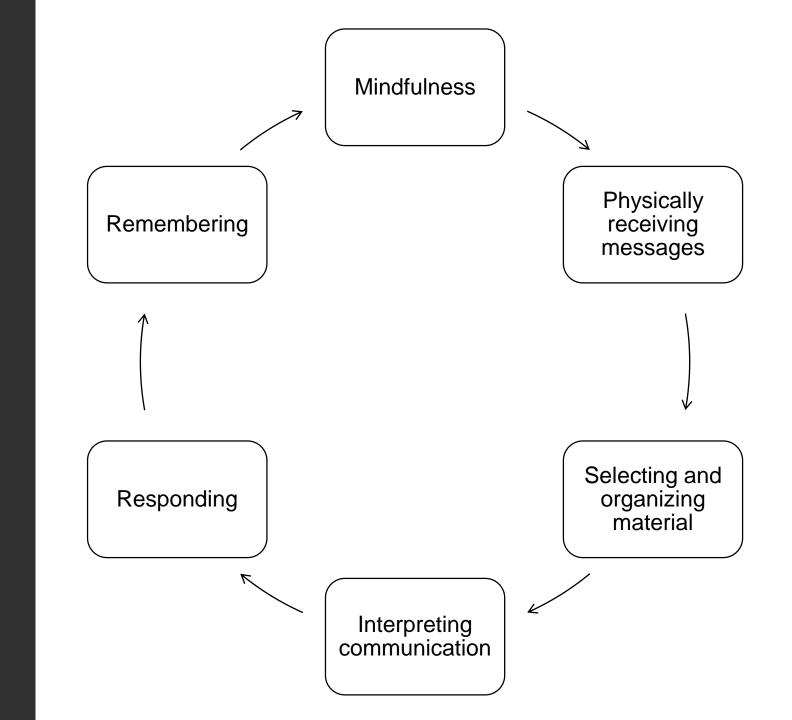
Rules and Culture

Listening

- Hearing is a physiological activity that involves sound waves hitting our eardrums.
- Listening is an active, complex process.



The Complex Listening Process



Why is it complex?

Multiple people

Noise

- Physical External
- Physiological Internal

Medium

Topic

Language

9 Barriers to Effective Listening

- Lack of Interest
- 2. Distracting Delivery
- 3. External and Internal Noise
- 4. Arrogance and Disrespect
- 5. Pre-programmed Emotional Responses
- 6. Ambushing
- 7. Listening for Facts
- 8. Faking Attention (making eye contact, nodding, smiling at the speaker)
- 9. Thought Speed

Listening more effectively

Breaking down the barriers

Listen to understand

Control obstacles

Talk and interrupt less

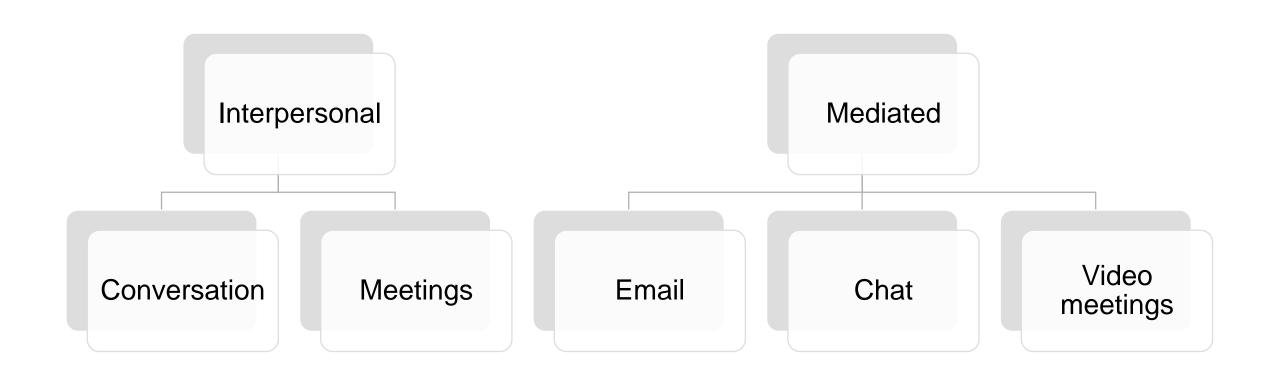
Ask (sincere) questions

Paraphrase

Attend to non-verbal cues

Take notes

We collaborate a lot of different ways





MEDIATED COMMUNICATION

Communication with the use of "media" or "medium"

- Computer
- Social Media
- Email
- Text Messaging
- Video Messaging



We've come a long way

We now use mediated communications in all areas of life

- Group
- Individual
- Business
- Personal
- Legal

So, what's wrong with email?

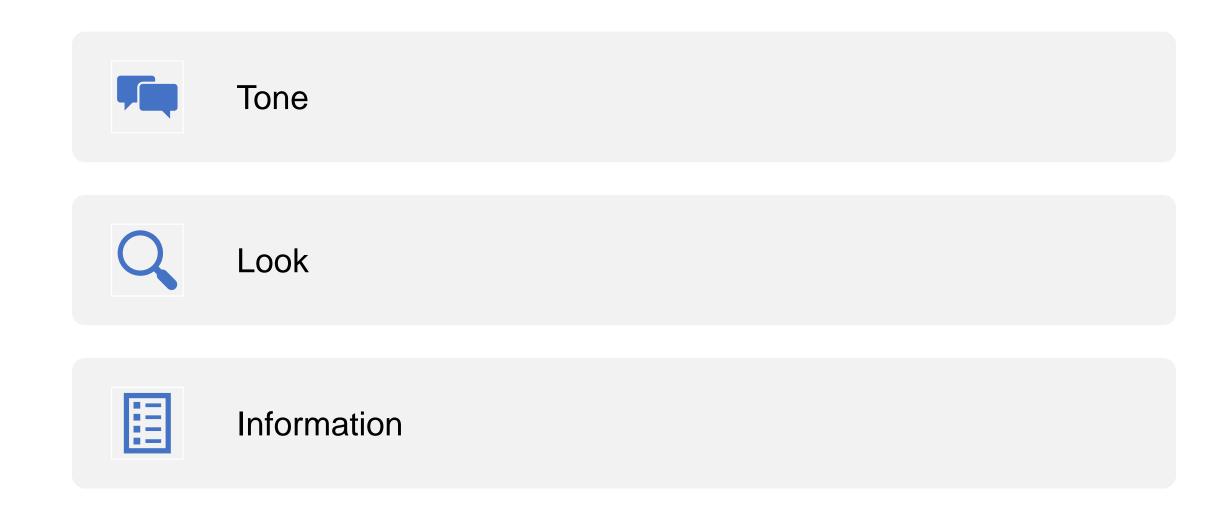
TrippAndTyler.TV



When is it professional email?

- To a coworker
- To a supervisor
- To a subordinate
- To a client or customer
- All of the above

Professional Email



Professional Email: Tone

- Intros and sign-offs
- Grammar and punctuation
 - u r nt txting boomer
- Reply point by point
- Reply to Previous email only when related
- NO non-business content, jokes, forwards



Professional Email: Look

- Avoid bold, color, images, etc.
 - Accessibility
- Black text
- Serif vs Sans Serif font
- Addressing
 - Hello Mr. Andrews,
 - Dear Ms. Jones,
 - Dr. Jones,

Professional Email: Information

- Reply All only when absolutely necessary and not when you're being snarky
- CC when associates know each other and need to have the same information
 - BCC when people do not know each other, or privacy is important
- Subject is short and clearly articulates topic
 - don't be mistaken for spam
- Signature line includes name, title, company name, website link

But really, what do we do?

Crucial Conversations: Tools for Talking When Stakes are High

STATE your path

A technique for expressing thoughts and feelings in crucial conversations

S	Start with facts
Т	Tell your story
А	Ask for others' paths
Т	Talk tentatively
E	Encourage viewpoints

STATE your path

Start	Start with facts, which are less controversial and more persuasive.
Tell	Share your assumptions and the assumptions you made.
Ask	Encourage others to share their perspectives and feelings.
Tentative	Remind yourself that your assumptions are not facts.
Encourage	Encourage the other person to tell their viewpoint, even if it is opposite from yours.

Sample Situation: Lucy Lateness

"I'd like to talk about our recent meetings. Do you have a minute?

(FACTS) You arrived late today, checked email several times during our discussion and didn't provide any input.

(YOUR SIDE) From my perspective you aren't onboard with the direction of our team and aren't interested in working with us.

(TENTATIVE) I realize this is just my interpretation of the facts.

(THEIR SIDE) What's your perspective?"

Sample Situation: Indigo Montoya

Hello.

(YOUR SIDE) My name is Indigo Montoya.

(FACTS) You killed my father.

(TENTATIVE) Prepare to die.

(THEIR SIDE).....

Start with facts

Tell your story

Ask for others' paths

Talk tentatively

Encourage viewpoints

Asking a friend to repay a loan.

Approaching a boss who is breaking his own safety or quality policies.

Critiquing a colleague's work

Asking a roommate/boomerang kid to move out

Talking to a team member who isn't keeping commitments.

Talking to a coworker about a personal hygiene concern

Create your own conflict scenario

What did we do today?

What IS Communication?

Interact

Rules

Listening

Collaborate

Professional Communication

Manage Conflict

Crucial Conversations

That's all, folks!

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